



SWAN LAKE MARKET & Garden

HAPPY
Victoria
Day



LOCAL. FRIENDLY. REFRESHING.

7920 Highland Road, Vernon, BC • 250-542-7614

Also see our Flyer on our Website, Facebook page, Google page & Castanet

swanlakemarket.com

GROCERY

McSWEENEY'S ZERO SUGAR
JERKY OLD FASHIONED &
JALAPENO BEEF - 70G



4⁹⁹ EA. **SAVE 2⁰⁰** EA.

GRIMM'S PEPPERONI BITES
4 FLAVOURS
375G



6⁴⁹ EA. **SAVE 2⁰⁰** EA.

RESER'S SALADS ELBOW
MACARONI
POTATO & EGG - 454G



3⁴⁹ EA. **SAVE 1⁰⁰** EA.

MILL CREEK BAKERY
HOT DOG BUNS
WHITE OR BROWN - 6'S



2⁴⁹ EA. **SAVE 50¢** EA.

DELI

GRIMM'S TRADITIONAL
THICK CUT BACON
500G



12⁴⁹ EA. **SAVE 1⁵⁰** EA.

GRIMM'S
BLACK FOREST HAM
/100G



1⁶⁹ /100G **SAVE 80¢** /100G

HARVEST
REGULAR WEINERS
675G



9⁴⁹ EA. **SAVE 1⁵⁰** EA.

HARVEST
ALL BEEF WEINERS
675G



10⁴⁹ EA. **SAVE 1⁵⁰** EA.

PRODUCE

LOCAL
ASPARAGUS
/LB



4⁹⁹ /LB **SAVE 1⁰⁰** /LB

LOCAL ORGANIC
GARLIC
/LB



8⁹⁹ /LB **SAVE 3⁰⁰** /LB

LOCAL
PEAR JUICE
3L



18⁹⁹ EA. **SAVE 6⁰⁰** EA.

RUSSET POTATOES
/5LB
USA



2⁹⁹ EA. **SAVE 2⁰⁰** EA.

HUMMINGBIRDS

HUMMINGBIRD FEEDER
(GLASS)
10 OZ.



10⁹⁹ EA. **SAVE 4⁰⁰** EA.

HUMMINGBIRD FEEDER
(GLASS)
20 OZ.



16⁹⁹ EA. **SAVE 3⁰⁰** EA.

HUMMINGBIRD FEEDER
(GLASS)
28 OZ.



19⁹⁹ EA. **SAVE 7⁰⁰** EA.

HUMMINGBIRD
NECTAR POWDER
EA.



19⁹⁹ EA. **SAVE 5⁰⁰** EA.

WELLNESS

AERYON WELLNESS
WATER B GÖNE
60 CAPS



28⁹⁹ EA. **SAVE 7⁰⁰** EA.

- HELPS SHED EXCESS WATER
- HELPS CLEANSE & RID THE BODY OF TOXINS
- SUPPORTS URINARY TRACT HEALTH

VIEW ONLINE

PROGRESSIVE
MEN'S MULTIVITAMIN 50+
120 CAPS



36⁹⁹ EA. **SAVE 6⁰⁰** EA.

- COMPLETE MULTIVITAMIN FORMULATED SPECIFICALLY FOR MEN
- SUPPORTS BONES, EYES, PROSTATE AND CARDIOVASCULAR HEALTH
- ASSISTS IN THE MAINTENANCE OF MORE YOUTHFUL TESTOSTERONE LEVELS

VIEW ONLINE

MARTIN & PLEASANCE
HARMONY MAX
60 TABLETS



29⁹⁹ EA. **SAVE 7⁰⁰** EA.

- COMBATS THE EFFECTS OF MENOPAUSE
- HELPS REDUCE HOT FLASHES AND NIGHT SWEATS
- IMPROVES IRRITABILITY AND SLEEPLESSNESS
- 1 MONTH SUPPLY

VIEW ONLINE

PRAIRIE NATURALS
RED SUPERFOODS
210G



34⁹⁹ EA. **SAVE 10⁰⁰** EA.

- MADE WITH ORGANIC FRUITS AND VEGETABLES
- FIGHTS FREE RADICAL DAMAGE
- SUPPORTS HEALTHY HAIR, NAILS AND SKIN

VIEW ONLINE

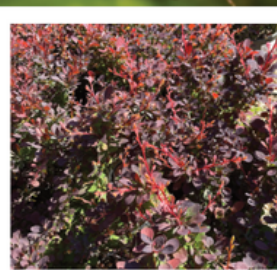
SHOP ONLINE



EUONYMUS EMERALD & GOLD 1 GALLON **9⁹⁹** EA. **SAVE 3⁰⁰** EA.



SUFFOLK RED GRAPE 1 GALLON **19⁹⁹** EA. **SAVE 4⁰⁰** EA.



ROSE GLOW BARBERRY 2 GALLON **24⁹⁹** EA. **SAVE 5⁰⁰** EA.



HANGING BASKET 12" **34⁹⁹** EA. **SAVE 5⁰⁰** EA.



WICKER HANGING BASKET 14" **49⁹⁹** EA. **SAVE 5⁰⁰** EA.



WINDMILL PEONY 2 GALLON **12⁹⁹** EA. **SAVE 2⁰⁰** EA.



MADISON STAR JASMINE 1 GALLON **24⁹⁹** EA. **SAVE 5⁰⁰** EA.



STRAWBERRY HANGING BASKETS 12" **24⁹⁹** EA. **SAVE 5⁰⁰** EA.



MOOR GRASS 1 GALLON **7⁹⁹** EA. **SAVE 7⁰⁰** EA.



MONROVIA PURPLE FOUNTAIN GRASS 1 GALLON **21⁹⁹** EA. **SAVE 3⁰⁰** EA.