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LOCAL. FRIENDLY. REFRESHING.

LOCAL SUAGR PIE **PUMPKINS** SAVE 20° LOCAL HONEYCRISP 10LB BAG SAVE 500

LOCAL ASSORTED SQUASH LB

> SAVE **70**°



7920 Highland Road, Vernon, BC • 250-542-7614 Also see our Flyer on our Website, Facebook page, and Google Page swanlakemarket.com

SHOP ONLINE-100% LOCAL PRODUCE



LOCAL FIELD TOMATOES



LOCAL RUSSET POTATOES



LOCAL YELLOW ONIONS

SAVE



LOCAL GALA APPLES



LOCAL CARROTS

SAVE **1**00



200

LOCAL CHERRY JUICE



LOCAL BEETS SAVE 100





LOCAL YELLOW ONIONS

SAVE 00

Flyer valid: Thursday, September 21st - Wednesday, October 4th, 2023, while supplies last.

GROCERY

LA GRANGE LOCAL SPICE BLENDS 112G - EA.



5⁸⁹

SAVE

DELI

SPICED APPLE

STRUDEL



129

SAVE

HARDY BUOYS CANDIED SALMON JERKY



5⁶⁹

SAVE

TORTILLA CHIPS 250-300G - EA.

FRESH IS BEST



449

SAVE 2^{00}

FRESH IS BEST SALSA MEDIUM OR MILD 375ML - EA.



SAVE 100

GRIMM'S PEPPERCORN SALAMI /100G



2³⁹

SAVE 100

SAPUTO SLICED CHEESES



SAVE 100

GRIMM'S BAVARIAN MEATLOAF /100G



SAVE 80°

APPAREL

LADIES LONG OPEN CARDIGAN SM-XL



 89°_{99}

LADIES LONG **SWEATER WITH HOOD**



59⁹⁹

SAVE 1000

LADIES T-SHIRTS

SM-XL



19⁹⁹

5⁰⁰

SHOP ONLINE

MENS **PAJAMA PANTS**



21⁹⁹

300 a

WELLNESS

PRAIRIE NATURALS VITAMIN D 500 SOFT GELS



WITH BONUS VITAMIN D 100ML

ST. FRANCIS DEEP IMMUNE



KID STAR MULTIVITAMIN **60 CHEWABLE TABLETS**



PRAIRIE NATURALS RED SUPERFOODS 210GM

