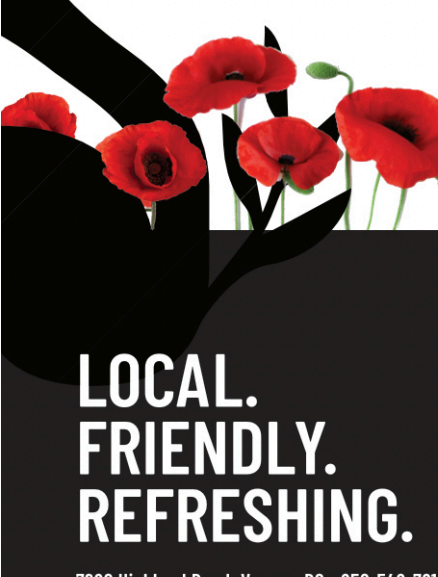


SWAN LAKE MARKET & Garden

CLOSED ON REMEMBRANCE DAY, TO HONOR AND REMEMBER.
NOVEMBER 11



LOCAL ACORN SQUASH /LB

99¢ /LB **SAVE 70¢** /LB

BC LEEK EA

1.49 EA **SAVE 50¢** EA

LOCAL AMBROSIA APPLES 10 LB BAG

10.99 EA **SAVE 4.00** EA

LOCAL. FRIENDLY. REFRESHING.

7920 Highland Road, Vernon, BC • 250-542-7614

swanlakemarket.com

GROCERY

MORNING OATS
INSTANT OATMEAL
264 - 304G

3.89 EA **SAVE 4.00** EA

PIZZAMOR'EH
FROZEN PIZZA
12"

LOCAL PRODUCT

13.99 EA **SAVE 3.00** EA

EVERLAND
ORGANIC TRAIL MIXES
150G

BC PRODUCT

4.99 EA **SAVE 1.50** EA

MINDSET
KOMBUCHA
355ML

NEW ITEM!

2.49 EA **SAVE 1.00** EA

DELI & BAKERY

GRIMM'S
BLACK FOREST HAM
7100G

1.69 EA **SAVE 80¢** EA

GRIMM'S
EUROPEAN WIENERS
375G

6.99 EA **SAVE 2.00** EA

SAPUTO SLICED CHEESE
ASSORTED FLAVOURS
160 - 180G

4.99 EA **SAVE 1.00** EA

SMALL COFFEE & TURNOVER

2.59 EA **SAVE 1.00** EA

WELLNESS

DR. KLEIN'S
SHILAJIT
60 CAPS

19.99 EA **SAVE 10.00** EA

NEW ROOTS
PLANT STEROLS & STEROLINS
120 SOFTGELS

25.99 EA **SAVE 4.00** EA

NEW ROOTS
PLANT STEROLS
80G

10.99 EA **SAVE 2.00** EA

NAKA
ChloroPURE
60 CAPS

13.99 EA **SAVE 6.00** EA

FOR THE BIRDS

SHINGLED
HOUSE FEEDER

22.99 EA **SAVE 7.00** EA

STAR BIN
FEEDER

54.99 EA **SAVE 15.00** EA

SHED BIRDHOUSE
PINK OR BLUE

19.99 EA **SAVE 5.00** EA

ACORN BLACK OIL
SUNFLOWER FEEDER

16.99 EA **SAVE 8.00** EA

OPEN ALL YEAR BC & LOCAL PRODUCE

LOCAL YELLOW ONIONS
3LB BAG

2.99 EA **SAVE 1.00** EA

LOCAL SPARTAN APPLES
10LB BAG

10.99 EA **SAVE 3.00** EA

LOCAL SPAGHETTI SQUASH
LB

99¢ LB **SAVE 70¢** LB

LOCAL APPLE JUICE
3L

19.99 EA **SAVE 3.00** EA

BC HAZELNUTS
2LB BAG

9.99 EA **SAVE 3.00** EA

LOCAL FROZEN PRUNE PLUMS
4LB BAG

5.99 EA **SAVE 2.00** EA

LOCAL RUSSET POTATOES
10LB BAG

6.99 EA **SAVE 2.00** EA

LOCAL/BC BEETS
5LB BAG

5.99 EA **SAVE 2.00** EA

BC SMALL YELLOW POTATOES
5LB BAG

2.99 EA **SAVE 1.00** EA

BC CARROTS
5LB BAG

5.99 EA **SAVE 2.00** EA