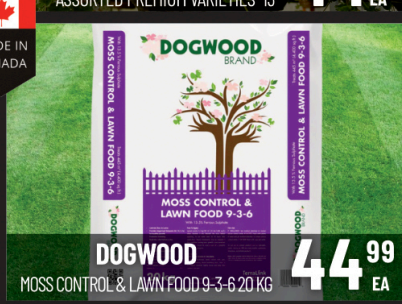


# SWAN LAKE MARKET & Garden



**LOCAL.  
FRIENDLY.  
REFRESHING.**



7920 Highland Road, Vernon, BC • 250-542-7614

Also see our Flyer on our Website, Facebook page & Google page

swanlakemarket.com

## GROCERY - DELI - BAKERY

**STOKE THE FIRE**  
HOT SAUCES  
148 ML



**8<sup>99</sup>** EA

**GOLD SODA**  
LOW SUGAR SODAS  
355 ML



**2<sup>49</sup>** EA

**HARVEST MEATS**  
WIENERS, REGULAR OR BEEF  
675 G



**9<sup>99</sup>** EA

**DESSERT CUPS**  
VANILLA  
12 PK



**2<sup>99</sup>** EA

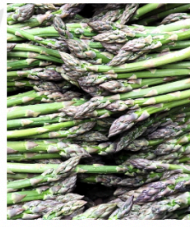
## PRODUCE

**APPLE JUICE**  
3 L BOX



**22<sup>99</sup>** EA

**ASPARAGUS**  
/LB



**5<sup>99</sup>** /LB

**RED POTATOES**  
5 LB BAG



**3<sup>99</sup>** EA

**GREEN CABBAGE**  
/LB



**99¢** /LB

## WELLNESS

**STRAUSS**  
MENOPAUSE DROPS  
225 ML



**64<sup>99</sup>** EA

**STRAUSS**  
HEART DROPS  
ASSORTED 225 ML



**130<sup>99</sup>** EA

**NEW ROOTS**  
MENOPAUSE  
60 CAPS



**39<sup>99</sup>** EA

**NEW ROOTS**  
ELECTROLYTES ASSORTED  
192 G OR 168 G



**28<sup>99</sup>** /LB

## GARDEN CARE

**HOLLAND GREENHOUSE**  
SWISS STYLE PRUNER  
7"



**9<sup>99</sup>** EA

**NURSERYLAND**  
LAWN FOOD 15-2-3  
2.4 KG



**12<sup>99</sup>** EA

**NURSERYLAND**  
VEGETABLE FLOWER &  
GARDEN 12-16-12 1.8KG



**9<sup>99</sup>** EA

**NURSERYLAND**  
FISH SOIL 50 L



**19<sup>99</sup>** EA



**49<sup>99</sup>** EA



**5<sup>99</sup>** EA



**15<sup>99</sup>** EA



**5<sup>99</sup>** EA



**12<sup>99</sup>** EA



**5<sup>99</sup>** EA



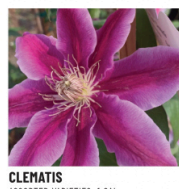
**5<sup>99</sup>** EA



**12<sup>99</sup>** EA



**8<sup>99</sup>** EA



**23<sup>99</sup>** EA